



Instead of letting your hardships and failures discourage or exhaust you, let them inspire







- . **GRAMMAR SKILLS**
- ii. ARTICLE ANALYSIS
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- iv. CHECK YOUR PROGRESS
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### GRAMMAR SKILLS





#### **GRAMMAR SKILL - 1**

### Sometimes 'the' is used to identify a group / whole class.





### (a) Honest are respected.

### (b) Poor are not always dishonest.



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#### **GRAMMAR SKILL - 2**

Use THE with nouns modified by ranking or ordering expressions such as "the first", "the second", "the third", "the next", "the last", "the previous", "the following" etc.

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- A. This is fifth day of our conference.
- B. I'll pay next time we have dinner.









ARTICLE

### Bridging the health policy to execution chasm

India's States need to act quickly in setting up a public health and management cadre for a healthier society



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### ARTICLE

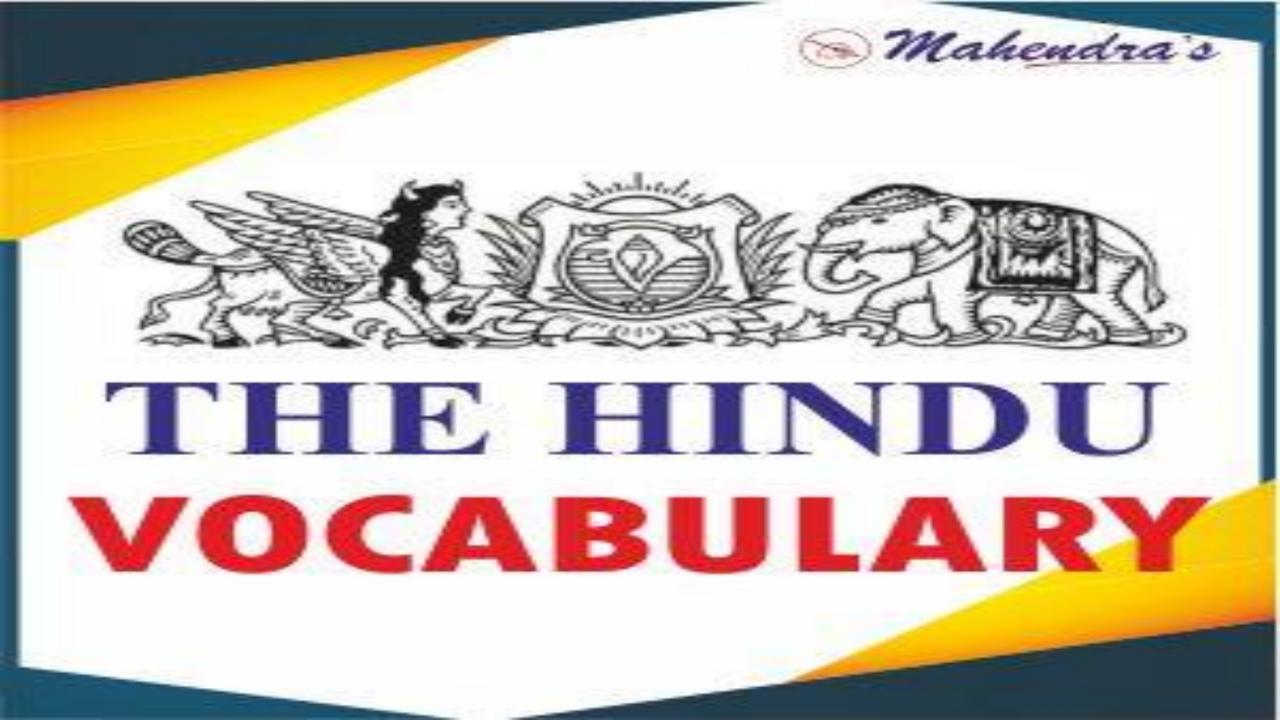
In April this year, the Union government released a guidance document on the setting up of a 'public health and management cadre' (PHMC) as well as revised editions of the Indian Public Health Standards (IPHS) for ensuring quality health care in government facilities. For a country where politicians take pride in inaugurating super-specialty hospitals and where the health focus has traditionally been on medical care or attention on treating the sick, these two developments to strengthen public health services are welcome.

The 'public health and management cadre' is a follow up of the recommendations made in India's National Health Policy 2017. At present, most Indian States (with exceptions such as Tamil Nadu and Odisha) have a teaching cadre (of medical college faculty members) and a specialist cadre of doctors involved in clinical services.



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This structure does not provide similar career progression opportunities for professionals trained in public health. It is one of the reasons for limited interest by health-care professionals to opt for public health as a career choice. The outcome has been costly for society: a perennial shortage of trained public health workforce. The proposed public health cadre and the health management cadre have the potential to address some of these challenges. With the release of guidance documents, the States have been advised to formulate an action plan, identify the cadre strengths, and fill up the vacant posts in the next six months to a year. The revised version of the IPHS once again underscores the continued relevance of improved quality of health services through public health facilities. This is the second revision in the IPHS, which were first released in 2007 and then revised in 2012.



The Hindu Vocabulary

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BAR (PREPOSITION): (के अलावा): apart from Synonyms: but (for), other than Antonyms: observe

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VINDICTIVE (ADJECTIVE): (प्रतिशोधी): vengeful Synonyms: revengeful, avenging Antonyms: forgiving

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FORMIDABLE (ADJECTIVE): (भयभीत करने वाला): intimidating Synonyms: forbidding, redoubtable Antonyms: comforting

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LACKLUSTRE (ADJECTIVE): (भावशून्य): uninspired Synonyms: uninspiring, unimaginative Antonyms: inspired

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## LET'S CHECK YOUR PROGRESS







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Question 1 - Balloon goes up (a) To be attentive (b) A situation turning unpleasant/serious (c) A happy occasion (d) Get up early



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Ans - (b) A situation turning unpleasant/serious

Question 2 - Ended in a fiasco
(a) A complete failure
(b) A successful event
(c) Changed one completely
(d) Twisted around





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Ans- (a) A complete failure

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Question 3 - Pillar to post
(a) Main support of an object
(b) One place to another
(c) To be reluctant
(d) To incite others





Ans - (b) One place to another



Question 4- In a jiffy (a) Fail to win appreciation (b) In an appropriate manner (c) Something that is done very quickly (d) To fall in love



Ans- (c) Something that is done very quickly

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Question 5 - To steal a march (a) To act in a foolish way (b) To break something (c) To outshine (d) To see a hidden meaning





**Question 6 - Not to mince matters** 

(a) To be at ease

(b) To not confuse others

(c) To not interfere in others affairs

(d) To speak out politely

Ans- (d) To speak out politely





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**Question 7 - All agog** 

(a) Avoid

(b) Contentment

(c) Amazed

(d) Unsystematically



Ans- (c) Amazed

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**Question 8 - To draw the** 

longbow

(a) To nullify

(b) To exaggerate

(c) To underrate

(d) To demarcate

Ans- (b) To exaggerate



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Question 9- Spick and Span (a) High and low (b) Dark and light (c) Neat and clean (d) Happy and sad





Question 10- To have a finger in every pie

- (a) To Fight with everybody
- (b) To be involved in a large and varied number of activities or enterprises
- (c) To make fun of everybody(d) To leave every job unfinished



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Ans- (b) To be involved in a large and varied number of activities or enterprises

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# LEARNING VOCAB WITH IMAGES



To Speak In Plain Terms, To Speak Out Openly

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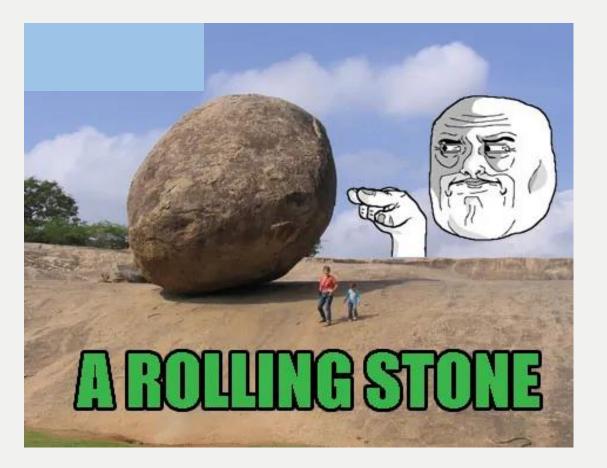
 To Retire; To Permanently
 Stop Playing A
 Sport



One Who Is Never
 Constant To One
 Work Or The Other

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A Person Who Does
Not Settle Down Is
Not Attached To
Anything Or Anyone





**Home Work** 

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Select the one which is opposite in meaning of the given word. **Turbulence** 1) Disorder 2) Agitation 3) Peace 4) Fight

**Home Work** 

Answer

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### Find the correctly spelt words.

- A. Inoculation
- **B.** Innoculation
- C. Inocculation
- **D.** Inocullation