



 *Mahendra's*

THE HINDU

Editorial Analysis

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BANK | SSC | UPSC | STATE EXAMS



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VOCABULARY

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TODAY'S SUMMARY

QUOTE OF THE DAY



WORD POWER

EDITORIAL ANALYSIS

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TODAY'S QUOTE

**CHANGE YOUR
LIFE TODAY.
DON'T GAMBLE
ON THE FUTURE,
ACT NOW,
WITHOUT DELAY.**

WORD POWER



Arbitrary(Adj.):मनमाना Based on a desire or idea or chance rather than reason

Breach(Noun):उल्लंघन an act that breaks an agreement, a law, etc.

Diligence(Noun):परिश्रम the quality of doing work carefully and thoroughly

Unaided(Adj.):बेबस Without any help

WORD POWER



Tramples (Verb): रौंदना To act without any respect for someone or something

Petitioners(Noun): आवेदक A person who is asking for action from a law court

Explicitly(Adverb): स्पष्ट रूप से In a way that is clear and exact

Reiterated(Verb): दोहराया To say



Intent(Adj.): इरादा Aim , Purpose ,
Showing great attention
Synonyms: Determination ,
Objective
Antonyms: Trivial , Unenthusiastic

Freebie(Noun): मुफ्त Something
given free of charge
Synonyms: Gift , Bestowal
Antonyms: Expensive , Big budget



Pilferage(Noun):चोरी The action of stealing things of little value
Synonyms: Filching , Purloining
Antonyms: Honest , Restraint

Disruptions(Noun):रोक टोक Delaying or interrupting the continuity
Synonyms: Break , Gap , Interruption
Antonyms: Continue , Validate



Contumacious(Adj.): अवज्ञाकारी
Stubbornly disobedient
Synonyms: Insolent , Ornery
Antonyms: Amenability , Obedience

Trenchant(Adj.): तीव्र , कटु Keen ,
Sharp , Severe, Expressing strong
criticism or forceful opinions
Synonyms: Incisive , Caustic
Antonyms: Obscure , Woolly



In pipeline: Here are the five schemes announced by Chief Minister M.K. Stalin in the T.N. Assembly

- **Free breakfast** for Class I-V government school children in a phased manner
- Initiatives to **eradicate nutrition deficiency**
- Setting up of **Schools of Excellence**
- Setting up of **primary healthcare-like centres** in urban areas
- Expanding the 'CM in Your Constituency' **grievance redressal scheme** to all 234 constituencies in the State

THE HINDU EDITORIAL ANALYSIS

EAT AND

LEARN

THE HINDU



THE HINDU

ARTICLE



Tamil Nadu's breakfast scheme is a good model for other States to follow

Sometimes the ability of a government to find resources for a good scheme is only limited by its intent. The Tamil Nadu government's launch of the free breakfast scheme for schoolchildren is an instance of a policy initiative with far-reaching consequences for school education and public health. As Chief Minister M.K. Stalin himself said at the launch of the scheme, provision of free breakfast is not a freebie, but the




Mr. Stalin framed his words and deeds from the promontory of the progressive Dravidian model, which promises inclusive growth for all segments of the population. A key element is the welfare of children, which explains Tamil Nadu's early emphasis on feeding children in schools. The importance of a daily breakfast as the most important meal of the day is widely acknowledged. Multiple studies across the globe indicate that eating breakfast regularly confers positive outcomes on students, affecting their ability to focus, learn and retain information positively. School performance improves, as do



The government has targeted providing schoolchildren an average of 293 calories and an average protein input of 9.85 gm per day. The mid-day meal that is already being provided to students in schools comes up to an average of 553 calories and 18 gm of protein, giving every student who takes the food supplied in school about 846 cal and nearly 28 gm of protein a day. The Centre's midday meal guidelines prescribe between 450-700 cals per child per day, and a protein intake of 12-20 gm per day.

ARTICLE

the calorific, energy and micronutrient requirements of the children, with a diet rich in local preparations and vegetables, it also has to provide adequate attention to taste and quality parameters. The government, rich with its experience of dealing with the mid-day meal scheme over several decades, must avoid the errors of omission and commission — including pilferage, poor quality of food, delays in sanctioning funds, and caste-related disruptions — that have been hurdles in its path earlier. Other State governments would also do well to be



QUIZ

Winning all or all but one of the tricks in bridge

The noise made by the forceful impact of two objects
A forceful impact that makes a loud noise

Close violently , strike violently

SLAM



The withdrawal of heat to change something from a liquid to a solid

weather cold enough to cause freezing

An interruption or temporary suspension of progress or movement

Fixing (of prices or wages etc) at a particular level

Stop moving or become immobilized

HOMEWORK

MOCKERY



CONGENIAL



CORDIALITY





GRAMMAR

SKILLS

Example:

- Each of the participants was willing to be recorded.
- Neither alternative hypothesis was accepted.
- I will offer a \$5 gift card to everybody who participates in the study.
- No one was available to meet with me at the

