



VO CAB . महारासंग्राम

Target
10000 Words

BANK / SSC / GRE / IELTS / TOEFL

LIVE  5:00 PM

✓ **1) Promulgate (/ 'prɒm(ə)lgeɪt/) (VERB)**

put (a law or decree) into effect by official proclamation.

Example- "in January 1852 the new Constitution was promulgated"

Similar: put into effect, enact, implement, enforce

आज्ञापित देना

2) Sangfroid (/sɒ'frwa:/) (NOUN)

composure or coolness shown in danger or under trying circumstances.

Similar: composure, equanimity, equilibrium

Example- I was amazed at how he retained his sangfroid throughout the discussion.

आत्मसंयम, धैर्य, धोराज

3) Anchorite (/ˈɑːŋkərɪt/) (NOUN)

a religious recluse.

Similar: hermit, recluse, ascetic

Example- Why, my lord, I told him I came to visit an old anchorite Here for devotion.

संन्यासी

4) **Burlesque** (/bə:'lɛsk/) **(NOUN)**

an absurd or comically exaggerated imitation of something, especially in a literary or dramatic work;

Example- "a novel which is a burlesque of the literary life"

Similar: parody, caricature, travesty, pastiche

मजाक, कार्टून, खिल्ली

5) Palpitate (/ˈpʌlpɪteɪt/) (VERB)

shake; tremble.

Example- "she was almost palpitating with excitement"

Similar: quiver, quake, shiver, shudder

काँपना, धड़कना, तड़पना

6) Plain¹ (/pleɪn/) (Adv)

used for emphasis.

Example- "perhaps the youth was just plain stupid"

Similar- utterly, absolutely, completely, totally

सर्वथा, स्पष्ट रूप से

7) Labile (/ˈleɪbəl/) (Adj)

of or characterized by emotions which are easily aroused, freely expressed, and tend to alter quickly and spontaneously.

Synonyms- fluctuating, inconstant, unstable, varying

Example- He was noted to be tearful and emotionally labile during the assessment. ...

अस्थायी, अस्थिर, परिवर्ती

8) Camouflage (ka·muh·flaazh) (VERB)

conceal the existence of (something undesirable).

Example- "grievances should be discussed,
not camouflaged"

Synonyms- disguise, hide, keep hidden, cover
छद्मावरण से छिपाना

9) **convoluted** (kon·vuh·loo·thud) (Adj)

especially of an argument, story, or sentence)

extremely complex and difficult to follow.

Example- "the film is let down by a convoluted plot in which nothing really happens"

Similar: complicated, intricate, impenetrable

पेचीदा

। जटिल

10) bewail (/bi'weɪl/) (VERB)

express great regret, sadness, or disappointment about (something).

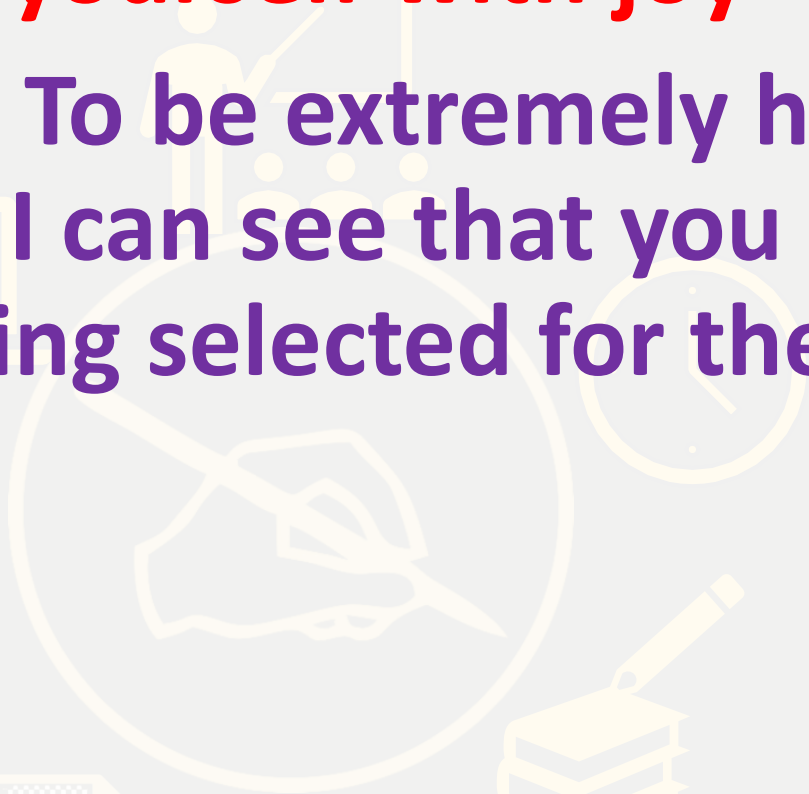
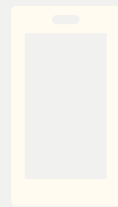
Example- "men will bewail the loss of earlier freedoms"

Similar: lament, bemoan, deplore, mourn
शोक मनाना

1) Beside yourself with joy

Meaning: To be extremely happy.

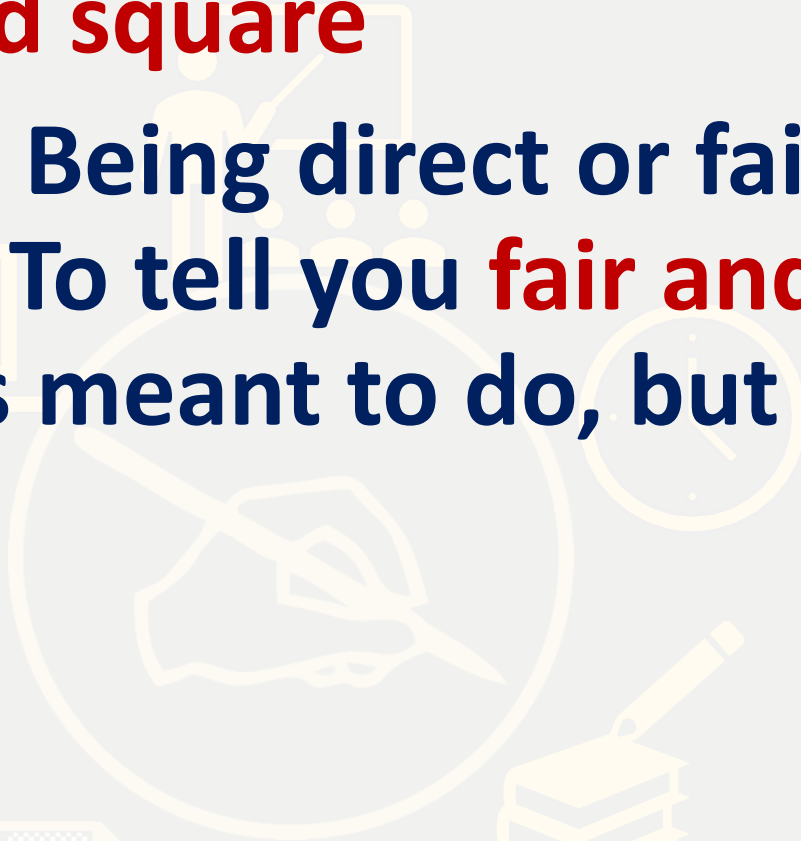
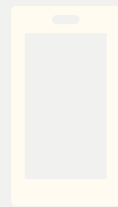
Example: I can see that you are **beside yourself with joy** on being selected for the job, congratulations.



2) Fair and square

Meaning: Being direct or fair.

Example: To tell you **fair and square**, I did everything that I was meant to do, but I still feel unfulfilled.



3) Having an Ace up the sleeve

Meaning: Have an advantage that is currently being withheld for future purposes.

Example: Brian kept quiet at the board meeting, who knew he had an Ace hidden up his sleeve the whole time.

4) Hook, line and sinker

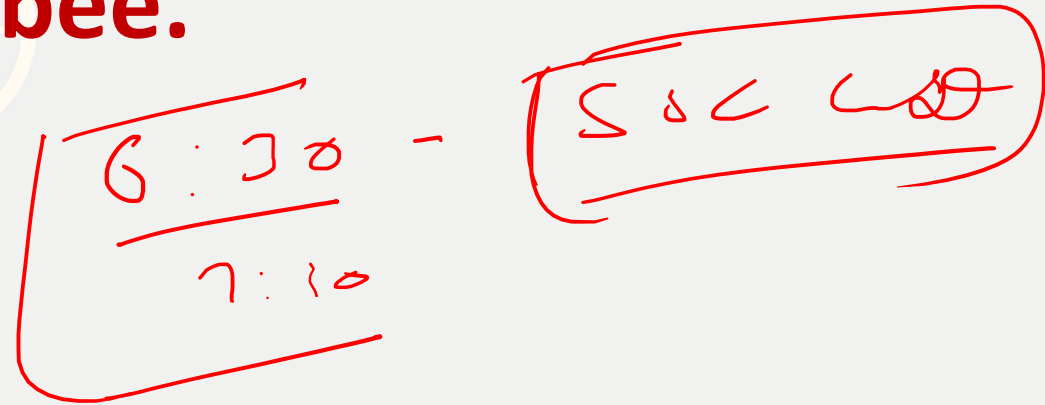
Meaning: Doing something or trying to achieve something with thoroughness and passion.

Example: I have set my mind to go through the spreadsheets by Monday and I am working for it **Hook, line and sinker.**

5) Down for the count

Meaning: Tired; giving up.

Example: My pet dog is down for the count after playing the whole day with the frisbee.



1) **Inhibited** (/ɪnˈhɪbɪtɪd/) (Adj)

unable to act in a relaxed and natural way
because of self-consciousness or mental restraint

Similar: shy, reticent, self-conscious,
reserved, diffident, bashful, coy

Example- "I could never sing song publically,
I'm far too inhibited"

संकोची

2) **Repartee** (/ ,rɛpɑ: 'ti: /) (**NOUN**)

conversation or speech characterized by quick, witty comments or replies.

Example- "he had a quick mind and a splendid gift of repartee"

Similar: banter, badinage, witty conversation, bantering, railery, witticism

हाजिर जवाबी

3) Procure (/prə'kjʊə/) (verb)

obtain (something), especially with care or effort.

Similar: obtain, acquire, get, find, secure

EXAMPLE- The doctor promised to procure it for him and began to ask how he was feeling.

परिश्रम से प्राप्त करना

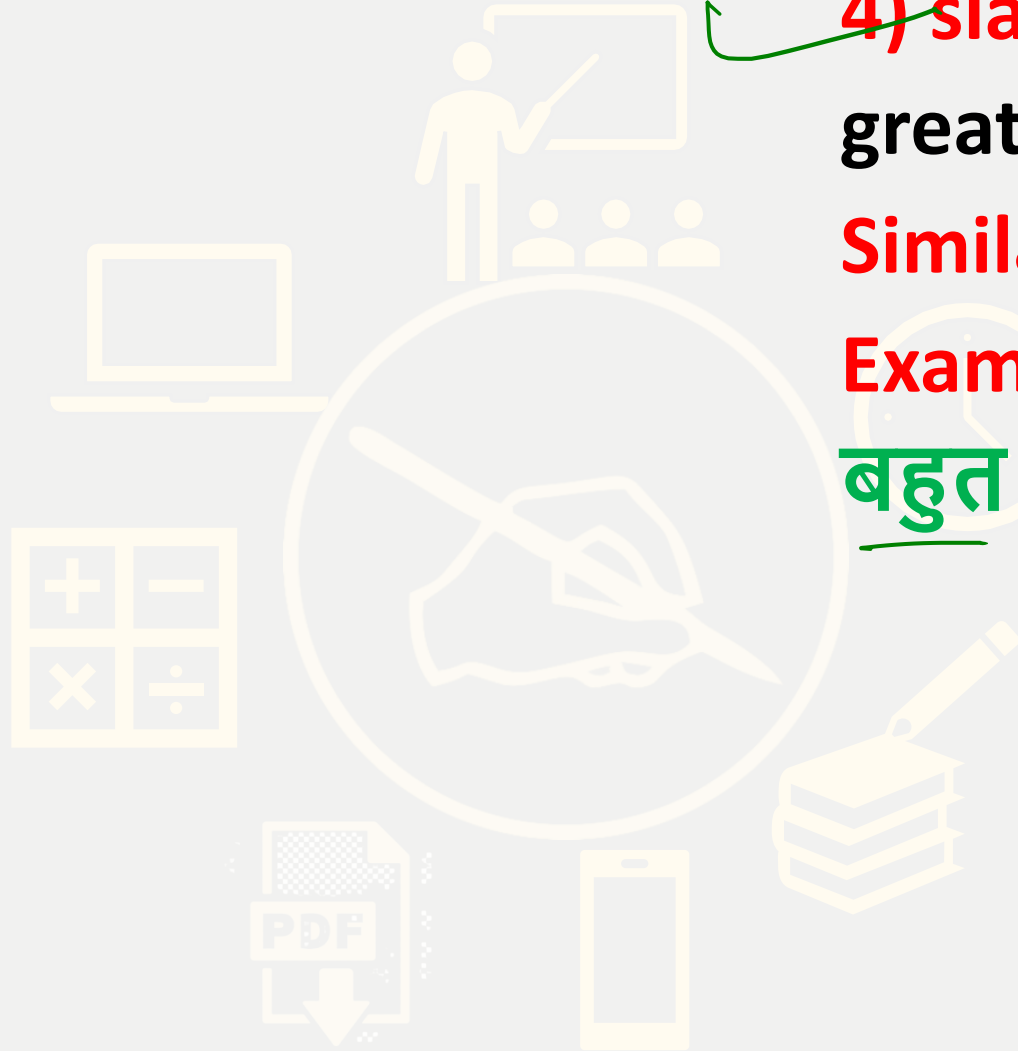
4) slay¹ (/sleɪ/) (Verb)

greatly impress or amuse (someone).

Similar: amuse greatly, entertain greatly

Example- Those old movies still slay me!

बहुत प्रभावित करना



5) Swathe² (/sweið/) (VERB)

wrap in several layers of fabric.

Example- "his hands were swathed in bandages"

Similar: envelop, bind, swaddle, bandage

लपेटना, बाँधना

6) Tacky² (/ 'taki/) (Adj)

showing poor taste and quality.

Example- "even in her faintly tacky costumes, she won our hearts"

Similar: tawdry, garish, gaudy, showy

भद्दा

शहली

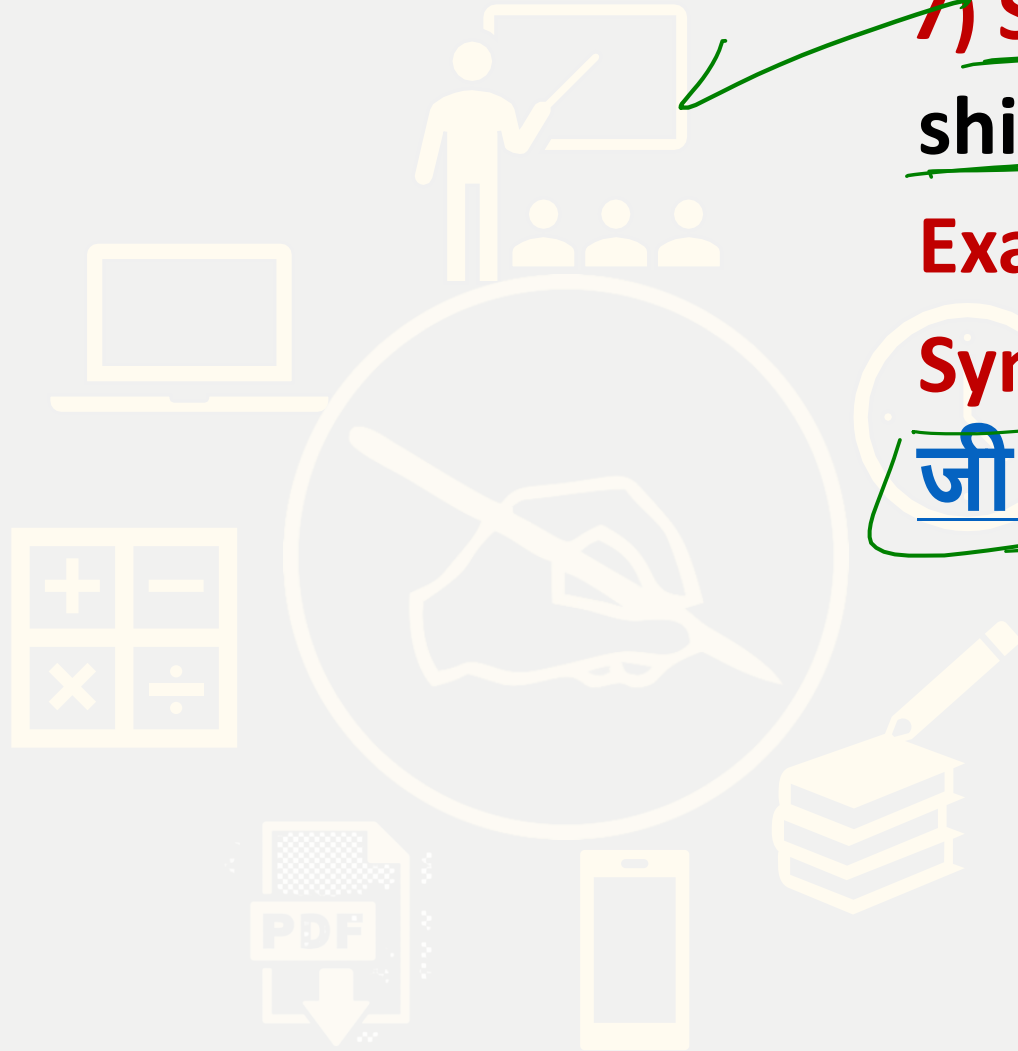
7) Skulk (/skʌlk/) (Verb)

shirk one's duties or responsibilities.

Example- "we were accused of skulking"

Synonyms- evade, dodge, avoid

जी चुराना



8) Salubrious (/sə'lu:briəs/) (Adj)

favorable to health of mind or body

Synonyms- recuperative, salubrious, salutiferous

Examples- It was quite salubrious inside:

bed platform fire with hood, boxes for food.

स्वास्थ्यवर्धक

9) **Balmy** (/ 'bɑ:mi/) (**Adj**)

characterized by pleasantly warm weather.

Example- "the balmy days of late summer"

Similar: mild, gentle, temperate, calm,
tranquil, clement

सुहावना, शान्तिदायक, सुखदायी

10) Shrug (/ʃrʌg/) (VERB)

dismiss something as unimportant.

Example- "the managing director shrugged off the criticism"

Similar: disregard, take no notice of, ignore

घसीटना

2. **'Speak of the devil'** – this means that the person you're just talking about actually appears at that moment.

"Hi Tom, speak of the devil, I was just telling Sara about your new car."

3. **'See eye to eye'** – this means agreeing with someone.

"They finally saw eye to eye on the business deal."

4. **'Once in a blue moon'** – an event that happens infrequently.

"I only go to the cinema once in a blue moon."

5. **'When pigs fly'** – something that will never happen.

"When pigs fly she'll tidy up her room."

6. **'To cost an arm and a leg'** – something is very expensive.

"Fuel these days costs an arm and a leg."

1) loom² (/lu:m/) (VERB)

appear as a vague form, especially one that is large or threatening.

Example- "vehicles loomed out of the darkness"

Similar- emerge, appear, become visible
धुंधला दिखाई देना, संकट मँडराना

2) Preposterous (/pri'pɒst(ə)rəs/) (Adj)

contrary to reason or common sense;
utterly absurd or ridiculous.

Example- "a preposterous suggestion"

Similar: absurd, ridiculous, ludicrous, farcical
बेहूदा, बेतुका, बेढंगा

3) Rampant (/ˈramp(ə)nt/) (Adj)

(especially of something unwelcome)

flourishing or spreading unchecked.

example- "political violence was rampant"

Similar: uncontrolled, unrestrained, unchecked

अनियंत्रित

4) Indemnity (/ɪn'dɛmniːti/) (NOUN)

**security or protection against a
loss or other financial burden.**

Example- "no indemnity will be given for loss of

Similar: insurance, protection, security, endorsement

क्षतिपूर्ति

हानि

5) Entrenched (/ɪn'trɛn(t)ft,) (Adj)

of an attitude, habit, or belief firmly
established and difficult or unlikely to change;

Example- "an entrenched resistance to change"

Similar: ingrained, established, well established

आरोपित हुआ

6) Plummet (/ˈplʌmɪt/) (VERB)

decrease rapidly in value or amount.

EXAMPLE- "hardware sales plummeted"

Similar: plunge, tumble, drop/decrease rapidly

अचानक से गिरना, तेज़ी से गिरना

7) Discrete (/dɪ'skri:t/) (ADJ)

individually separate and distinct.

Example- "speech sounds are produced as a continuous

sound signal rather than discrete units"

Similar: separate, distinct, individual, detached, unattached, disconnected

अनिरंतर, विलग, प्रथक्

8) Inflate (/ɪn'fleɪt/) (VERB)

increase (something) by a large or excessive amount.

Example- "objectives should be clearly set out so as not to duplicate work and inflate costs"

Similar: raise, put up, boost, escalate

बढ़ाना चढ़ाना

9) **Incur** (/ɪn'kəː/) (VERB)

become subject to (something unwelcome or unpleasant) as a result of one's own behaviour or actions.

Example- "I will pay any expenses incurred"

Similar: suffer, sustain, experience

झेला हुआ, व्यय किया हुआ करता

10) Unravel (/ʌn'raʊ(ə)l/) (VERB)

investigate and solve or explain
(something complicated or puzzling).

Example- "they were attempting to unravel
the cause of death"

Similar- solve, resolve, clear up

सुलझाना

1) **To cut corners'** – to do something badly or cheaply.

“They really cut corners when they built this bathroom; the shower is leaking.”

2) **'To add insult to injury'** – to make a situation worse.

“To add insult to injury the car drove off without stopping after knocking me off my bike.”

3) **'You can't judge a book by its cover'** – to not judge someone or something based solely on appearance.

“I thought this no-brand bread would be horrible; turns out you can't judge a book by its cover.”

4) **'Break a leg'** – means 'good luck' (often said to actors before they go on stage).

“Break a leg Sam, I'm sure your performance will be great.”

5) **'To hit the nail on the head'** – to describe exactly what is causing a situation or problem.

“He hit the nail on the head when he said this company needs more HR support.”

1) **Execrable** (ek·suh·kruh·bl) (Adj)

extremely bad or unpleasant.

Similar: appalling, awful, dreadful, terrible,
frightful, atrocious, very bad

Example- Pitt called him "an execrable ,
a sole minister who had
renounced the British nation."

घृणित, निंदनीय

2) Ebb (/ɛb/) (VERB)

(of an emotion or quality) gradually decrease.

Similar: diminish, dwindle, wane,
fade away, melt away

Example- "my enthusiasm was ebbing away"

कम होना, क्षीण होना

3) Effete (/ɪ'fi:t/) (ADJ)

weak or effeminate (typically used of a man).

Similar: effeminate, unmasculine, unmanly, womanish, girlish, feminine

Example- They saw us with our floppy fringes and effete mannerisms and went mental.

दुर्बल, निर्बल

4) Mendicant (mɛndɪk(ə)nt/) (NOUN)

a beggar; a vagrant.

Similar: tramp, vagabond, scrounger, sponger,

Example- Rather than search for a job, Jimmy chooses to live as a mendicant who panhandles his way through each day.

भिखारी, याचक, मंगला

5) Wanton (/ˈwɒntən/) (ADJ)

(of a cruel or violent action) deliberate and unprovoked.

Similar: deliberate, wilful, malicious, malevolent, spiteful, vicious

Example- "sheer wanton vandalism"
अनियंत्रित

6) Goad (/gəʊd/) (VERB)

provoke or annoy (someone) so as to stimulate an action or reaction.

Similar: provoke, spur, prick, sting,
incite, rouse, stir

Example- "he was trying to goad her into a fight"

उकसाना, प्रेरित करना

7) Tenebrous (/ˈtɛnɪbrəs/) (ADJ)

dark; shadowy or obscure./ dark and gloomy

Synonyms- ambiguous, caliginous, dim, dingy,
dusky, equivocal,

Example- *Fortunately, he wasn't there,
and Conrad turned in to the leafy,
tenebrous cool of Miankoma Lane.*

अंधकारपूर्ण, अंधेरा, उदास

8) Inculcate (/ˈɪnkʌlkeɪt/) (VERB)

instil (an idea, attitude, or habit)

by persistent instruction.

Similar: implant, fix, ingrain, infuse

Example- "I tried to inculcate in my pupils an attitude of enquiry"

मन में बिठाना, मस्तिष्क में बैठा देना

9) **Heckle** (/ 'hɛk(ə)l /) (VERB)

interrupt (a public speaker) with derisive or aggressive comments or abuse.

Similar: jeer, taunt, jibe at, interrupt

Example- he was heckled when he tried to address the demonstrators“

प्रश्नों से तंग करना, सवालों से बात काटना

✓ 10) Embellish (/ɪm'beɪlɪʃ, ɛm'beɪlɪʃ/) (VERB)

make (a statement or story) more interesting by adding extra details that are often untrue.

Similar: elaborate, embroider, colour, exaggerate

Example- "followers often embellish stories about their heroes"

अलंकृत करना

1) Upbraid (/ʌp'breɪd/) (VERB)

find fault with (someone); scold.

Similar: reprimand, rebuke, reproach,
scold, admonish, reprove

Example- "he was upbraided for
his slovenly appearance"

फटकारना

opposite

2) **Apposite** (/ 'apəzɪt/) (Adj)

apt in the circumstances or in relation to something.

Similar: appropriate, suitable, fitting, apt, relevant, pertinent

Example- Her remarks are extremely apposite to the present discussion.

उचित, उपयुक्त, ठीक, योग्य, संगत

3) Spasmodic (/spaz'mɒdɪk/) (Adj)

occurring or done in brief, irregular bursts.

Similar: intermittent, fitful, irregular,
sporadic, erratic, occasional

Example- He made spasmodic attempts
to clean up the house.

अनियमित,

4) Cessation (/sɛ'seɪʃ(ə)n/) (NOUN)

the fact or process of ending or being brought to an end.

Similar: end, ending, termination, stopping, halting, ceasing, finish

Example- The arrival of several police brought a quick cessation to the gang fight.

विराम, समाप्ति

5) Evanescent (eh·vuh·nes·uhnt) (Adj)

soon passing out of sight, memory, or existence; quickly fading or disappearing.

Similar: vanishing, fading, evaporating, disappearing

Example- It is asked how any wisdom can be so evanescent.

शीघ्र लुप्त होनेवाला, लोपनीय, क्षणजीवी

6) Intransigent (uhn·tran·suh·jnt) (Adj)

unwilling or refusing to change one's views
or to agree about something

Similar: uncompromising, inflexible, unbending,
unyielding, unshakeable

Example- her father had tried persuasion,
but she was intransigent“

हठी, अडियल, जिडी

7) **Grotesque** (grow·tesk) (Adj)

comically or repulsively ugly or distorted

Similar: malformed, deformed, misproportioned,
distorted

Example- "a figure wearing a grotesque mask"

कुरूप, भद्दा

8) Strife (strɪf/) (NOUN)

angry or bitter disagreement over
fundamental issues;

Similar: conflict, friction, discord, disagreement,
dissension, variance

Example- "strife within the community"

कलह, खटपट, झगड़ा

9) **Convivial** (/kən'vɪvɪəl/) (Adj)

(of a person) cheerful and friendly; jovial.

Similar: friendly, genial, affable, amiable,
congenial, agreeable, amicable

Example- she was relaxed and convivial“

आनंदमय , उत्सुकता , मजा

10) Muzzy (/ 'mʌzi/) (Adj)

unable to think clearly; confused

Similar: groggy, light-headed, faint, dizzy,
shaky, muddled

Example- "she was shivering and her head felt muzzy from sleep"

घबड़ाया हुआ, भ्रमित

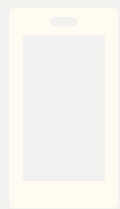
कोई काम अंत तक करते रहना – Go through with – *Do you have the determination enough to go through with this job.*

कानून का सहारा लेना – Go to law – *In India, people go to law on very petty issues.*

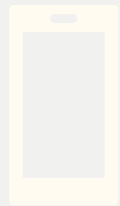
कोई काम ध्यानपूर्वक करना – ~~Go to town~~ – *The interior decorator went to town on my flat and made it like a place.*

बहुत मात्रा में – Good deal – *This sofa set has cost me a good deal of money.*

प्रसन्नचित होना – Good humour – *He has got a promotion today so he is in good humour.*



- 1) किसी से दुश्मनी मोल लेना – Fall foul of – *If this new clerk continues with his criticism like this he will soon fall foul of the manager.*
- 2) सहमत होना – Fall in with – *He found my plan very profitable and so readily fell in with it.*
- 3) नसीब में होना – Fall to one's lot – *I fell to my lot to become a writer.*
- 4) पारिवारिक समानता – Family likeness – *There is a family likeness between the two cousins.*
- 5) धीरे-धीरे प्रगति करना – Gain ground – *India lost the first two matches, but began to gain ground gradually.*



1st November

सोमवार

- 1) GUSTO
- 2) EMBOLDEN
- 3) AMICABLE
- 4) DEEM
- 5) PALVER
- 6) Esurient
- 7) Galumph
- 8) Ensnare
- 9) Excogitate
- 10) Tottery

- (n) उमंग, रूचि
- (v) दौंसला बढाना
- (v) मैत्रौपूर्ण, मिळनसार
- (v) विचार करनल, मानना
- (v) ममानप, लुभाना
- (v) लालायित. झुकवड
- (v) इतरा के या रेंठ के चलना
- (v) डलझाना, फंसाना
- (v) चिन्तन करना
- (v) डगमगाला हुआ कापला हुआ

2nd November

मंगलवार

- 1) GARNER - इकट्ठा करना
- 2) VALOUR - साहस, बहादुरी
- 3) MASQUERADE - स्वार, छल, बहाना
- 4) SLIPSHOD - बेपरवाह, लापरवाह
- 5) INELUCTABLE - अपरिहार्य, जोटलनसके
- 6) SULLEN - खडंस, पूर्वभास, पूर्वसंकेत
- 7) PREMONITION - इशारे से बुलाना
- 8) BECKON - आशा करना, सम्झना
- 9) RECKON - डरपोक, कायर
- 10) CRAVEN

3rd November

बुधवार

1) ABRASIVE - (कठोर)

2) SNAG - (बाधा)

3) FLEECE - (धन हथियाना)

4) TRIBULATION - (विपत्ति)

5) SEQUESTER - (अलग हो जाना)

6) QUALM - (आशंका)

7) BUNGLER - (अनपढ़े)

8) CHARY - (सावधान)

9) RETROGRADE - (बढ़ से बढ़तर)

10) VERDANT - (हरा भरा)

कठोर, सख्त
बाधा, कठिनाई, शौड़
पैसे खेचना, धन हथियाना
विपत्ति, क्लेश, पीड़ा
अलग हो जाना,
आशंका, पछतावा
अनपढ़े, फूहड़
सावधान, होशियार
बढ़ से बढ़तर, पलित
हरा भरा,

5th ~~October~~ November

शुक्रवार

नदक

- 1) INIQUITY (n) अन्याय, अन्याय
- 2) VITIATE (v) भ्रष्ट करना
- 3) PICAYUNE (v) लच्छ, छोट
- 4) STURDY (v) लम्बा, बलवान
- 5) WELTER (n) घालमेल, झमेला
- 6) SKIVVY (n) नौकर, नौकरानी
- 7) VAGARY (n) सनक
- 8) PLUMB (v) सफ़दम, अच्य-ल
- 9) RUMMAGE (v) लबाइ करनल
- 10) GRAPPLE (v) भिड जानल

0th November

सौमवार

- 1) QUINTESSENCE - (n) सार
- 2) CONUNDRUM - (n) पहेली, समस्या
- 3) VERACITY - (n) सच्चाई
- 4) USURP - (v) हड़पना
- 5) EMULATE - (v) प्रतियोगिता करना
- 6) SABBATICAL - (n) विराम अवकाश
- 7) RANKLE - (v) जलना, पचना, कुछ होना
- 8) IMPASSE - (n) गतिरोध
- 9) SWERVE - (v) अचानक से मोड़ना
- 10) SPARTAN - (adj) कड़ा, सख्त, मेहनतगार



9th November

मंजुदार

नवंबर 9

- 1) Insolent - बदलमोज, अकथंड
- 2) Veneration - वन्दन, आराधन पूजन
- 3) Frailty - कमजोरी, दुबलता
- 4) Shimmer - टिमटिमाना, झिलमिलाना
- 5) Panache - टाट-बाट, भौकाल
- 6) Raring - उत्सुक, बेसुब, बेकरार
- 7) Indict - आरोप लगाना
- 8) Huddle - झोड़ लगाना
- 9) Lurid - भडकीला
- 10) Quisling - गद्दर

10th November
शुक्र

- 1) BETROTHED (adj) - मंगोतर
- 2) FLACCID (adj) - ढीला, शिथिल
- 3) IMBECILE (adj) - बेवकूफी भरा, मूर्खतापूर्ण
- 4) SHAM (adj) - बनावटी, नकली
- 5) PECULATE (verb) - गबन करना, पैसे हड़पना
- 6) ARGOT (noun) - चौर भाषा, ब्रासवगी भाषा
- 7) CATAclysm (noun) - आपदा, त्रासदी
- 8) REMISS (adj) - बेपरवाह, लापरवाह
- 9) EXIGUOUS (adj) - अल्प, लघु, थोड़ा
- 10) STEELY (adj) - पाषाण हृदय, पत्थर दिव

11 th
November

नवंबर

- 1) WIELD (VERB) - उपयोग में लाना
- 2) TORPEFY (VERB) - सुन्न करना
- 3) FATHOM (VERB) - सुगंलया समझना
- 4) SHUN (VERB) - किनारा करना, टाल देना
- 5) LOFTY (ADJ) - अहंकारी, धमंडी
- 6) STAUNCH (ADJ) - निष्ठावान, स्वामिभक्त
- 7) SKANKY (ADJ) - धिनौना, धुणित
- 8) EXPEDIENT (ADJ) - उचित, व्यवहारिक, स्वीकार्य
- 9) DAWDLE (VERB) - समय गंवाना
- 10) CAREEN (VERB) - डगमगाना, झुक जाना, लड़खड़ाना

12th
November

शब्द

1 - 12

100

- 1) PROSCRIBE (VERB) - Forbid - मनाही या निषेध करना
- 2) ARDOUR (NOUN) - zeal, avidity, zest, fervour, जोश, उत्साह
- 3) BOOTLEG (ADJ) - Illicit - गैरकानूनी
- 4) TRUCULENT (ADJ) - belligerent - लड़ाकू, झगडाकू
- 5) RIVET (VERB) - Engross - ध्यानकीचना,
- 6) FERAL (ADJ) - uncivilized - असभ्य, गंवार, जंगली
- 7) MUSTER (VERB) - assemble - इकट्ठा करना, बटोरना
- 8) IMPERIL (VERB) - endanger - खतरा में डालना
- 9) SCOURGE (VERB) - torture - कट देना, यातना देना
- 10) BICKER (VERB) - isquabble, argue, लड़कें में में करना

- 1) PROSELYTIZE-
- 2) KNAVE
- 3) EVINCE
- 4) VIRTUOSO
- 5) ROUT
- 6) RUSE
- 7) ERUDITE
- 8) LOUSY
- 9) PURLOIN
- 10) DOUR



1) MANACLE

2) YAHOO

3) BEATITUDE

4) PROFANE

5) PREEMPT

6) PRODIGIOUS

7) PIVOTAL

8) INGENIOUS

9) INGENUOUS

10) INTRACTABLE



- 1) BADASS
- 2) STERLING
- 3) SQUIRM
- 4) VIRULENT
- 5) PROWESS
- 6) EPHEMERAL
- 7) PUERILE
- 8) SQUELCH
- 9) RECANT
- 10) CONCILIATE







